

REGINA FINAN

Associate Professor of Counselor Education • University of West Georgia • rfinan@westga.edu • 678-839-6167

EDUCATION

Ph.D. in Counseling and Student Personnel Services (CACREP Accredited)

University of Georgia, Athens, Georgia

August 2021

Dissertation: *Exploring the Relationship Between Racial Microaggressions, Perceived Well-being, and the Role of Critical Consciousness for Students of Color in an Adverse Sociopolitical Climate* (Dissertation Chair: Dr. Anneliese Singh)

M.S. in Mental Health Counseling (CACREP Accredited)

Georgia State University, Atlanta, Georgia

May 2012

M.Ed. in Student Personnel in Higher Education

University of Florida, Gainesville, Florida

May 2002

B.A. in Communication, Concentration in Broadcast/Journalism

Georgia State University, Atlanta, Georgia

May 2000

ACADEMIC APPOINTMENT

Assistant Professor, Tenure Track

August 2021-Present

Counseling Programs (CACREP Accredited), University of West Georgia

MAJOR RESEARCH INTERESTS

Impact of racial discrimination on well-being and related protective and coping strategies; Implementation and outcomes of multicultural and social justice training; Multiracial identity and development.

AWARDS & HONORS

Association for Multicultural Counseling and Development

2021 Emerging Graduate Student Award

2018 Research Grant Award: \$500

Chi Sigma Iota, Chi Epsilon Chapter

2016 Outstanding Practitioner Award

2011-2012 Outstanding Master's Student Award

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PUBLICATIONS

Peer-Reviewed Journal Articles

McLaughlin, A., Hsu, L., Said, I. A., Williams, N., Gazaway, S. Petion, G., Cauble, M., **Finan, R.**, DeBlaere, C., Hodge, A. S., Hook, J. N., Van Tongeren, D. R., & Davis, D. E. (accepted for publication). Exploring religious clients' concerns about mindfulness. *The Journal of Christian Psychology*.

Peer-Reviewed Book Chapters

Finan, R., & Harrichand, J. (in press). Bicultural identity development. In S. Dermer & J. Abdullah (Eds.), *The sage encyclopedia of multicultural counseling, social justice, and advocacy*. SAGE Publications, Inc.

Finan, R., Parker, B., & Chaney, M. (in press). Client worldview and intersectionality. In Butler, S. K., Locke, A. F., & Filmore, J. M. (Eds.). *Introduction to 21st Century Counseling: A Multicultural and Social Justice Approach*, San Diego: Cognella Academic Publishing.

Finan, R. (2017). Ericksonian family therapy. In J. Carlson, & S. Dermer (Eds.), *The sage encyclopedia of marriage, family, and couples counseling* (Vol. 2, pp. 558-562). SAGE Publications, Inc. <https://www.doi.org/10.4135/9781483369532.n173>

Manuscripts Submitted for Publication

Haskins, N. Johnson, L., **Finan, R.**, Edirmanasinghe, N., Brant-Rajahn, S. (2021). *Latinx and Asian Trainees Counseling White Clients: An Interpretative Phenomenology*. Manuscript submitted for publication.

Manuscripts in Preparation

Singh, A. A., Parker, B., McKie-Voerste, T., & **Finan, R.** (in preparation). LGBTQ+ survivors of sexual assault: Empowerment and liberation approaches. In Geffner, Vieth, Vaghan-Eden, Rosenbaum, Hamberger, & White (Eds.). *Handbook of Interpersonal Violence Across the Lifespan*.

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Additional Publications

Finan, R. (2021). The tension and hope of Black and Asian solidarity through a Mixed-Race lens. *AMCD Newsletter* 49(2) 16-18. Retrieved from <https://drive.google.com/file/d/1VmwMufQAS3nM2CV3wgThhrtgiOYSg1EZ/view>

Finan, R. (2019). Multiethnic and multiracial concerns group. *AMCD Newsletter* 49(1) 11-13. Retrieved from <https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:deccef7c6-0584-4829-a5e4-7810e24548ee>

Finan, R. (2018). Social justice and human-rights interest network. *SACES Newsletter* 14(1) 22. Retrieved from http://saces.wildapricot.org/resources/Documents/newsletter_fall_2018.pdf.

PRESENTATIONS

Finan, R. (2021, March). *What's education got to do with it? Embracing joy, healing, and collective action*. Presented at the Diversity, Equity, and Inclusion Conference, Mary Frances Early College of Education, University of Georgia, Online, United States.

Finan, R. (2020, November). *Implicit bias in education: From surviving to thriving*. Presented at the Henry County Schools Professional Learning Day, Online, United States.

Finan, R. (2020, February). *Social justice talk in counseling*. Chi Sigma Iota, Chi Epsilon chapter, Georgia State University, Atlanta, GA, United States.

Finan, R. (2019, November). *Implicit bias: Kryptonite in education*. Presented at the Henry County Professional Learning Day, McDonough, GA, United States.

Finan, R. (2019, October). *Your role as a social justice advocate: Introspection, incorporation, and inclusion*. Chi Sigma Iota, Chi Epsilon chapter, Georgia State University, Atlanta, GA, United States.

Finan, R., Bran-Rajahn, S. Huguelet, A., & Singh, A. A. (2018, October). *Exploring racial microaggressions as a strategy for equity in multicultural counseling classes*. Presented

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at the Southeastern Association of Counselor Education and Supervision
Conference, Myrtle Beach, SC, United States.

Singh, A., & Finan, R. (2017, October). *Mental health counseling and social justice: What works in the real world?* Presented at the Association for Counselor Education and Supervision conference, Chicago, IL.

Finan, R. (2017, September). *Relational cultural theory: A deeper focus on relationships and connections.* Presented at the Training and Counseling Center (TACC) at St. Luke Episcopal Church monthly Live and Learn series, Atlanta, GA, United States.

Finan, R. (2016, October). *Rendering resilience: Exploring experiences of student mothers in counselor education programs.* Poster session presented at the Southern Association for Counselor Education and Supervision conference, New Orleans, LA, United States.

Finan, R., Brant-Rajahn, S., Edirmanasinghe, N., Huguelet, A., McKie-Voerste, T., & Haskins, N. (2016, October). *Using the multicultural and social justice counseling competencies in the application of theory.* Roundtable presented at the Southern Association for Counselor Education and Supervision conference, New Orleans, LA, United States.

Singh, A., & Finan, R. (2016, April). *Mental health counselors making social justice change: What works in the real world.* Presented at the American Counseling Association conference, Montreal, Canada.

INVITED LECTURES, KEYNOTES, AND PANELS

Finan, R. (2021, April). Panelist: *SACES Student's experiences navigating anti-racist work.* Presented at the SACES Multicultural Counseling Interest Network Webinar.

TEACHING EXPERIENCE

Graduate Level:

CEPD 6182 Internship: Professional Counseling	Fall 2021
CEPD 6188 Practicum: Professional Counseling	Fall 2021
CEPD 7111 Diagnosis & Treatment of Mental & Emotional Disorders	Fall 2021

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CEPD 6160 Group Counseling (Teaching Assistant)	Spring 2019
CEPD 8185 Professional Writing Seminar (Teaching Assistant)	Fall 2018
CEPD 6140 Basic Counseling Skills (Teaching Assistant)	Fall 2018
CPS 7300 Career Theory, Assessment, & Intervention (Guest lecturer)	Spring 2018
ECHD 8150 Child & Family Counseling (Teaching Assistant)	Summer 2017

Undergraduate Level:

CPS 2500 Career Development & Life Planning (Instructor)	Spring 2018
CPS 2500 Career Development & Life Planning (Guest lecturer)	Fall 2017
CPS 2500 Career Development & Life Planning (Guest lecturer)	Spring 2017
CPS 3200 Diversity & Human Relations (Instructor)	Summer 2016

CLINICAL EXPERIENCE

Georgia State University Faculty and Staff Assistance (FASA) Atlanta, GA

Counseling Practicum *August 2016 – December 2016*

- Provided assessment, counseling services, psychoeducation, and treatment plans for adults with a broad range of issues including anxiety, depression, trauma, grief, interpersonal conflicts, etc.
- Consulted with supervisors, peers, and other mental health professionals
- Maintained confidential and accurate notes and files
- Facilitated group experience for working mothers
- Facilitated parenting group psychoeducation and processing

Training and Counseling Center at St. Luke's (TACC)

Atlanta, GA

Counseling Practicum *August 2016 – December 2016*

- Facilitated parenting group psychoeducation and processing
- Consulted with supervisors, peers and other mental health professionals

Sheltered Cove Counseling Center

Douglasville, GA

Counseling Intern *August 2011 – May 2013*

- Provided assessment, counseling services, psychoeducation and treatment plans for adolescents, adults, couples and groups for a broad range of issues including anxiety, depression, trauma, grief, interpersonal conflicts, etc.
- Consulted with supervisors, peers and other mental health professionals
- Maintained confidential and accurate notes and files
- Assisted clients with identifying and connecting with external resources compatible with their goals/needs

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CLINICAL SUPERVISION EXPERIENCE

Practicum in Counseling *Spring 2017*

- Provided individual and triadic supervision for master's level school counseling practicum students at the University of Georgia

Internship in Counseling *Fall 2019*

- Provided individual and triadic supervision for master's level counseling internship students at Clark Atlanta University

SERVICE AND LEADERSHIP

Professional

American Counseling Association

2016 Conference Volunteer

Asian American and Pacific Islander Concerns

2017 White Paper Task Force Committee Member

Association of Counselor Education and Supervision

2021 Conference Career Committee

2019 Conference Career Committee

2017 Conference Volunteer

Association for Multicultural Counseling and Development

2019 – Multiethnic and Multiracial Concerns Group Vice President

2018-2019 Multiethnic and Multiracial Concerns Task Force Chair

2018 Conference Volunteer

2018 Mentor

Chi Sigma Iota, Chi Epsilon Chapter

2011-2012 Secretary

2011-2012 Career Day Social Chairperson

2010-2011 Fundraising Committee Chairperson

Southern Association for Counselor Education and Supervision

2019-2020 Awards Committee

2018-2020 Social Justice + Human Rights Interest Network Co-chair

University

Georgia State University

2016 Multicultural Center Community Conversations Mentor

Multicultural Center Community Conversations Facilitator

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January 2017

April 2016

November 2015

2015-2018 Co-advisor, Mixed Student Union student organization

2014 Student Leadership Team Advisor

2012 – 2014 Administrative Assessment Committee

2011 – 2012 Student*University Center 15th Anniversary Celebration Committee

Community

Atlanta Veterans Center

2011-2012 Volunteer

Jeanette Rankin Women's Scholarship Fund

It's Time to Talk: Forums on Race Facilitator (April 2017)

PROFESSIONAL AFFILIATIONS

American Counseling Association (ACA)

Association for Counselor Education and Supervision (ACES)

Southern Region ACES (SACES)

Association for Multicultural Counseling and Development (AMCD)

African American Concerns Group

Asian American Pacific Islander Concerns Group (AAPI)

Multiethnic and Multiracial Concerns Group (MMCG)

Chi Sigma Iota, *Chi Epsilon Chapter*

CERTIFICATIONS & TRAINING

License-eligible in the State of Georgia

PTSD 101: Couples and PTSD (online module, Department of Veterans Affairs)

Recovery Resources for Military and Student Veterans (Macon State College)

QPR Suicide Prevention

CITI Research Training

YWCA It's Time to Talk Racial Justice Facilitator Training