

# American Foodways

## HIST-4580

Fall 2020 Section E01 3 Credits 08/12/2020 to 12/05/2020 Modified 08/08/2020

### Description

Food has played a consistent yet complicated role in the shaping of national histories, social relations, personal experiences, and cultures. This course explores how, by examining the various intersections between food and culture from the pre-Columbian period through the present day and across the American landscape.

#### Requisites

Prerequisites:

(HIST 1111 or HIST 1112 ) and (HIST 2111 or HIST 2112 )

Corequisites:

### Contact Information

#### Professor: Dr. Colleen A. Vasconcellos

Email: [cvasconc@westga.edu](mailto:cvasconc@westga.edu)

Phone: email preferred

Website: [https://www.westga.edu/administration/profile.php?emp\\_id=96](https://www.westga.edu/administration/profile.php?emp_id=96) ([https://www.westga.edu/administration/profile.php?emp\\_id=96](https://www.westga.edu/administration/profile.php?emp_id=96))

#### Office Hours

Wednesdays: 9A-6P online

(see CourseDen for details)

### Meeting Times

100% Online

### Materials

**There is no specific textbook for this course. Everything you need is provided in our CourseDen classroom in each Unit of Study.**

Accessibility: Please submit any SAR documentation to me within the first week of class, or once received if the semester is already in progress. I will make every effort to accommodate your needs as outlined in your paperwork. Please do not hesitate to ask if you need further assistance.

#### COMPUTER ACCESS

It is highly recommended that you have regular (daily) computer access with broadband Internet access. All course requirements remain the same whether your computer access is public or private (home).

#### TECHNICAL SKILL REQUIREMENTS

You should be comfortable with using both WORD and PDF documents, have a working knowledge of CourseDen, and feel comfortable navigating the internet and using email for communication.

UWG|Online HelpDesk (M-F 8-5pm) Phone: 678-839-6248

Email: [online@westga.edu](mailto:online@westga.edu)

24/7 HelpDesk <https://D2LHelp.view.usg.edu>

## Outcomes

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At the end of this course, students will be expected to:

- demonstrate an understanding of the important developments in the formation of American foodways and culture from the early America to the present.
- demonstrate the ability to state and support an interpretation of historical issues concisely, coherently, and logically.
- improve writing and critical thinking skills through both formal and informal written assignments, class discussion, and careful reading of primary and secondary sources.

## Evaluation

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### Criteria

The course will be evaluated on a 10-pt scale: A=90-100; B=80-89; C=70-79; D=60-69; F=59-0.

Emphasis will be on clarity of ideas, reading, writing, analytical and critical thinking skills, class participation, and overall presentation. Participation in class discussions and lectures is encouraged and will form a component of the written assignment grades. There will be no extra credit offered in this class, so please do not ask.

### Breakdown

Grade calculations are as follows:

- Class Participation 45%
- Unit Photos 5%
- Short Essays 20%
- Food Journal 30%

## Assignments

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### Short Essays

Rather than do exams in this class, I've opted to have you write **two short essays of 1000 words each**. Please see CourseDen for additional details. Combined, these essays are 20% of your grade. Late and/or emailed papers will not be accepted without a documented excuse.

- **Family/Community Foods Essay**

Discuss one specific food/meal/dish that has a specific or special meaning to your family and/or community.

- **Defining American Foodways**

Now that you've had a class on American Foodways, how do you define it?

### Food Journal

As nutrition minors, you likely have had to do this assignment before. You will likely assign a food diary yourself in your careers. This

journal is not your typical food diary. Rather than simply record what you eat, instead you will connect your diet/foods/beverages to your personal/family/community foodways and you'll journal your choices, feelings, memories, and experiences along the way. **This is a semester-long assignment, and you will be expected to record at least three entries per Unit of at least 100 words.** Please see CourseDen for additional details. This project is 30% of your grade and it will be due the last day of class. Late and/or emailed journals will not be accepted without a documented excuse. You will have an opportunity to submit these journals as part of the University History Project subseries documenting the COVID-19 pandemic once completed, and I will provide details on how to do that at a later date.

### Unit Photos

At the end of each unit, **you will upload or link a photo in the discussion forums of something related to this unit's content:** a meal, an object, an advertisement, a sign, a menu, even a meme...something that speaks to you, that calls on you to reconsider something, to look more closely at something. The photo can be in direct conversation with the unit's topic, but it does not have to be, as long as it's related to themes of the unit as a whole. **This photo can be included in your food journal, as can be your interpretation of that photo.** Your photo will be due at the end of each unit, and they comprise a collective 5% of your overall grade. Late and/or emailed photos will not be accepted without a properly documented excuse. Please see CourseDen for additional guidelines.

### Class Participation

There are 7 **unit discussions** based on that unit's course material, with each discussion receiving a separate grade that will be applied towards your class participation grade. Grades received for your **mandatory introduction, student contract quiz, and plagiarism quiz** will also be counted towards your class participation grade. Each Online Unit Discussion will be graded on a 25 point scale. Late posts will not be counted towards your unit discussion grades. See the Course Overview Module for more information on Class Participation Guidelines and Grading.

### ATTENDANCE VERIFICATION

Please note that students who do not actively participate in the class within the first two weeks will be withdrawn by the course at the deadline set by the university. In this class, we will have three mandatory attendance checkpoints during the first two weeks of class:

(1) introduction assignment    (2) the student contract quiz    (3) the plagiarism quiz

Students who do not fulfill these requirements, which can be found in the Start Here: Syllabus and Start Items Module, will be dropped for non-participation. If you are unable to complete these assignments in the allotted time-frame and have documentation to that effect, you should contact me as soon as possible to avoid being dropped after the deadline. Please note UWG's policy on attendance verification as outlined in Section 204 of the UWG Faculty Handbook: "In fully online or hybrid courses each instructor has the authority to specify in the syllabus what qualifies as attendance at the first class meeting and during the Drop/Add Period to drop students who fail to meet that requirement. Instructors may require students to attend a face-to-face meeting, to login in to the online course-delivery system by a specific date, or to take other specified steps at the beginning of the session." If you are dropped and do not have sufficient documentation as to why you were unable to complete the attendance assignments as outlined here, that decision is final and you will not be reinstated in the course.

### A Note about Submitting Assignments to CourseDen

**ASSIGNMENT FORMAT:** All submitted assignments must be submitted in MS word format. Papers should be double-spaced and be written in size 12 Times New Roman font, black text, with 1" margins. Parenthetical references of (pg) are required for all paraphrased or directly quoted information. The usage of any source outside of CourseDen is not allowed.

**SUBMITTING ASSIGNMENTS LATE OR OUTSIDE COURSEDEN:** Late assignments submitted after the scheduled deadline or outside of the Assignments Dropbox will not be accepted unless you have a properly documented excuse. **Late assignments submitted without proper documentation will receive a 0. Please note that this rule is written in stone.**

**THE RETURN OF GRADED WORK:** Assignment grades will be posted within a week of the due date. Discussion grades will be posted within one week of the date of the discussion's end.

**EXTRA CREDIT:** There is no extra credit offered in this class.

## IN THE EVENT OF TECHNICAL DIFFICULTIES

It is **your responsibility** to see that your assignments have posted to CourseDen properly. Please check to make sure that your assignment was uploaded correctly and appears in the appropriate Dropbox. If it does not appear, I cannot grade it, so please make sure that your attachments upload properly, because I will not be contacting you to resubmit them.

In the event that you are having computer/wifi difficulties, please find an alternative source. **Please do not wait until the last minute to submit assignments.** You are submitting items over the Internet, and sometimes the Internet Gods get angry and withhold access. There are many things that can go wrong in the path between your computer and CourseDen. Technical problems related to computer connections or equipment cannot be used as an excuse for failure to complete assignments or to participate online.

It is **your responsibility to locate the computer hardware, software and Internet connections necessary to stay connected and current with your course work online.** Please be aware of alternate Internet connections and computers available through college computer labs, college Learning Resource Centers (libraries), the public library, and any friends, relatives, or neighbors and access them if my personal computer equipment is not working.

### A Note about Academic Honesty:

I will not tolerate cheating, plagiarism, or any other form of academic dishonesty in this class and my policy is one of zero tolerance. All assignments and discussion posts submitted in class must be written in your own words. This includes paraphrasing, which is not necessarily taking a passage word for word, but certainly does not give credit to ideas and/or information. **All assignments will be monitored by Turnitin.**

Plagiarism is a serious offense and it can lead to your expulsion and/or suspension from the University. Every UWG student agrees upon their admission to the university to uphold the UWG Honor Code, which states: “[a]s a West Georgia student, I will represent myself truthfully and complete all academic assignments honestly. I understand that if I violate this code, I will accept the penalties imposed, should I be found guilty of violations through processes due me as a university community member.” UWG students further agree that they will “refrain from engaging in acts that do not maintain academic and personal integrity. These include, but are not limited to, plagiarism, cheating, fabrications, aid of academic dishonesty, lying, bribery or threats, and stealing.” In short, don’t do it. Plagiarizers will automatically fail this course. I will also recommend that UWG administration take action.

You can find a link to the UWG Honor Code in the Course Overview Module, as well as links to pages on what constitutes plagiarism and how to avoid it in the Content Module. Also, the mandatory plagiarism quiz will help you with this as well. Furthermore, assignment and discussion guidelines will give instructions on citation formats, but feel free to contact me with questions on how or what to cite. A good rule of thumb is “when in doubt, cite.”

## Schedule

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### Tentative Course Outline

Please note that this schedule could change due to unforeseen circumstances. Please check course announcements and email for any changes that may arise.

#### Unit 1 – Early America

- **Mandatory Participation Activities.** Students who do not complete the introduction requirements and all Unit 1 activities by 11:59 PM EST, Friday, August 21, will be removed from this course for non-participation.
- Your Intro, Unit 1 Discussion, and Photo are due by 11:59 PM EST, Friday, August 28

#### Unit 2 – Early African American Foodways

- The Unit 2 Discussion and Photo are due by 11:59 PM EST, Friday, Sept 11

#### Unit 3 – Urban and Ethnic America in the 19<sup>th</sup> and Early 20<sup>th</sup> Centuries

- The Unit 3 Discussion and Photo are due by 11:59 PM EST, Friday, Sept 25

#### Unit 4 – Home Economics and Food Reform

- The Unit 4 Discussion and Photo are due by 11:59 PM EST, Friday, Oct 9
- Your Traditional Family/Community Foods Essays are also due by 11:59 PM EST, Oct 9

#### Unit 5 – The Great Depression and WWII

- The Unit 5 Discussion and Photo are due by 11:59 PM EST, Friday, Oct 23

#### Unit 6 – Post War America: Food Culture and Politics

- The Unit 6 Discussion and Photo are due by 11:59 PM EST, Friday, Nov 6

#### Unit 7: Modern Foodways: Connections, Legacies, and More Food for Thought

- The Unit 7 Discussion and Photo are due by 11:59 PM EST, Friday, Nov 20
- Your Definitions Papers are also due by 11:59 PM on Nov 20

#### Other Deadlines

- Your Food Journals are due by 11:59 PM EST, Wednesday, Nov 25
- Grades will be submitted to the Registrar by 12 Noon, Monday, Dec 7

## Institutional Policies

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### Academic Support

**Accessibility Services:** Students with a documented disability may work with UWG Accessibility Services to receive essential services specific to their disability. All entitlements to accommodations are based on documentation and USG Board of Regents standards. If a student needs course adaptations or accommodations because of a disability or chronic illness, or if he/she needs to make special arrangements in case the building must be evacuated, the student should notify his/her instructor in writing and provide a copy of his/her Student Accommodations Report (SAR), which is available only from Accessibility Services. Faculty cannot offer accommodations without timely receipt of the SAR; further, no retroactive accommodations will be given. For more information, please contact [Accessibility Services \(https://www.westga.edu/student-services/counseling/accessibility-services.php\)](https://www.westga.edu/student-services/counseling/accessibility-services.php).

**Center for Academic Success:** The [Center for Academic Success \(http://www.westga.edu/cas/\)](http://www.westga.edu/cas/) provides services, programs, and opportunities to help all undergraduate students succeed academically. For more information, contact them: 678-839-6280 or [cas@westga.edu](mailto:cas@westga.edu).

**University Writing Center:** The [University Writing Center \(https://www.westga.edu/writing/\)](https://www.westga.edu/writing/) assists students with all areas of the writing process. For more information, contact them: 678-839-6513 or [writing@westga.edu](mailto:writing@westga.edu).

### Online Courses

UWG takes students' privacy concerns seriously: technology-enhanced and partially and fully online courses use sites and entities beyond UWG and students have the right to know the privacy policies of these entities. For more information on privacy and accessibility for the most commonly used sites, as well as technology requirements visit the [UWG Online \(https://uwgonline.westga.edu/\)](https://uwgonline.westga.edu/) site.

Students enrolled in online courses can find answers to many of their questions in the [Online/Off-Campus Student Guide \(http://uwgonline.westga.edu/online-student-guide.php\)](http://uwgonline.westga.edu/online-student-guide.php).

If a student is experiencing distress and needs help, please see the resources available at the [UWG Cares \(http://www.westga.edu/UWGCares/\)](http://www.westga.edu/UWGCares/) site. [Online counseling \(https://www.westga.edu/student-services/counseling/index.php\)](https://www.westga.edu/student-services/counseling/index.php) is also available for online students.

### Honor Code

At the University of West Georgia, we believe that academic and personal integrity are based upon honesty, trust, fairness, respect, and responsibility. Students at West Georgia assume responsibility for upholding the honor code. West Georgia students pledge to refrain from engaging in acts that do not maintain academic and personal integrity. These include, but are not limited to, plagiarism, cheating, fabrication, aid of academic dishonesty, lying, bribery or threats, and stealing.

The University of West Georgia maintains and monitors a confidential Academic Dishonesty Tracking System. This database collects and reports patterns of repeated student violations across all the Colleges, the Ingram Library, and the School of Nursing. Each incidence of academic dishonesty is subject to review and consideration by the instructor, and is subject to a range of academic penalties including, but not limited to, failing the assignment and/or failing the course. Student conduct sanctions range from verbal warning to suspension or expulsion depending on the magnitude of the offense and/or number of offenses. The incident becomes part of the student's conduct record at UWG.

Additionally, the student is responsible for safeguarding his/her computer account. The student's account and network connection are for his/her individual use. A computer account is to be used only by the person to whom it has been issued. The student is responsible for all actions originating through his/her account or network connection. Students must not impersonate others or misrepresent or conceal their identities in electronic messages and actions. For more information on the University of West Georgia Honor Code, please see the [Student Handbook \(https://www.westga.edu/administration/vpsa/handbook-code-of-conduct.php\)](https://www.westga.edu/administration/vpsa/handbook-code-of-conduct.php).

## UWG Email Policy

University of West Georgia students are provided a MyUWG e-mail account. The University considers this account to be an official means of communication between the University and the student. The purpose of the official use of the student e-mail account is to provide an effective means of communicating important university related information to UWG students in a timely manner. It is the student's responsibility to check his or her email.

## Credit Hour Policy

The University of West Georgia grants one semester hour of credit for work equivalent to a minimum of one hour (50 minutes) of in-class or other direct faculty instruction AND two hours of student work outside of class per week for approximately fifteen weeks. For each course, the course syllabus will document the amount of in-class (or other direct faculty instruction) and out-of-class work required to earn the credit hour(s) assigned to the course. Out-of-class work will include all forms of credit-bearing activity, including but not limited to assignments, readings, observations, and musical practice. Where available, the university grants academic credit for students who verify via competency-based testing, that they have accomplished the learning outcomes associated with a course that would normally meet the requirements outlined above (e.g. AP credit, CLEP, and departmental exams).

## HB 280 (Campus Carry)

UWG follows University System of Georgia (USG) guidance: [http://www.usg.edu/hb280/additional\\_information#](http://www.usg.edu/hb280/additional_information#) ([http://www.usg.edu/hb280/additional\\_information](http://www.usg.edu/hb280/additional_information))

You may also visit our website for help with USG Guidance: <https://www.westga.edu/police/campus-carry.php> (<https://www.westga.edu/police/campus-carry.php>)

## Mental Health Support

If you or another student find that you are experiencing a mental health issue, free confidential services are available on campus in the [Counseling Center](#). Students who have experienced sexual or domestic violence may receive confidential medical and advocacy services with the Patient Advocates in [Health Services](#). To report a concern anonymously, please go to [UWGcares](#).

## ELL Resources

If you are a student having difficulty with English language skills, and / or U.S. culture is not your home culture, specialized resources are available to help you succeed. Please visit the [E.L.L. resource page](#) for more information.

## COVID-19

Proctored Exams/Online Instruction: Students should be aware and plan ahead for the possibility of having to complete all

courses and/or exams online or in a proctored environment. This means talking with your instructors about what minimum technical requirements (software and hardware) will be required should your class move online or a student's personal needs dictate. This also includes making plans for internet access at whatever location participation may occur.

Virtual or in-person proctored exams, if your instructor should require them, may result in an additional cost to the student. Please discuss these details with your instructor or see the information provided here.

**Face Coverings:** Effective July 15, 2020, University System of Georgia institutions, including the University of West Georgia, will require all faculty, staff, students, and visitors to wear an appropriate face covering while inside campus facilities/buildings where six feet social distancing may not always be possible. Face covering use will be in addition to and is not a substitute for social distancing.

Face coverings are not required in campus outdoor settings where social distancing requirements are met. Anyone not using a face covering when required will be asked to wear one or must leave the area.

Reasonable accommodations may be made for those who are unable to wear a face covering for documented health reasons.

**Student FAQs:** For more information about UWG COVID-19 guidance for students visit the [Student FAQ webpage](https://www.westga.edu/student-services/health/coronavirus-info/return-to-campus/students-faq-return-to-campus.php) (<https://www.westga.edu/student-services/health/coronavirus-info/return-to-campus/students-faq-return-to-campus.php>).