

TRANSFORM YOUR THINKING, TRANSFORM YOUR GRADES

- I'm not that smart ➤ I can become smarter through effort
- I've failed so I should give up ➤ I've failed so I should try a new strategy
- This is too hard, I give up ➤ This is hard but I'm going to persevere
- If I have to try this hard I can't be that smart ➤ Trying really hard is the way to become smarter
- My abilities determine everything ➤ My effort and attitude makes all the difference
- I don't understand this ➤ I don't understand this yet but I'll keep going
- I'm either good at it, or I'm not ➤ I can learn anything I want to if I keep trying
- I can't get any better ➤ I can ALWAYS improve
- I can't do this ➤ I believe in myself and will keep trying
- She's just smarter than I am ➤ I'm inspired by those who succeed. I can learn from them
- It's good enough ➤ Is this my best work?
- I've failed so I mustn't be good enough ➤ I will learn from my failures so I can improve
- I want to look smart ➤ I want to learn and be seen as hard-working
- I don't like challenges ➤ I like to challenge myself so I can improve
- This task is too big ➤ I can tackle anything I put my mind to

Success doesn't come to you, you go to it
- Marwa Collins