

# The WILL Workshop

8:30 am - 2:30 pm

Women in Leadership & Life: Certificate Program provides training tools and knowledge that fosters balance in your profession, education, and home.

Schedule	Leadership & Management Track (A)	Personal & Professional Development Track (B)
8:00-8:30 AM	Registration & Networking City Station Conference Center	
8:30-9:15 AM	<b>Welcome &amp; Opening Session: Professionalism &amp; Why it Matters</b> Dr. Hope Udombon Main Room ( Rooms 1-4)	
9:15-9:25 AM	Rooms 1-2	Break
9:30-10:15 AM	<b>Workshop 1A</b> <b>Investing in Your People</b> Melissa Hill & Jennifer Carter	<b>Workshop 1B</b> <b>Setting healthy boundaries</b> Dr. Hazel Cole
10:15-10:25 AM	Break	
10:30-11:15 AM	<b>Workshop 2A</b> <b>Coaching &amp; Mentoring</b> Dr. Allison Key	<b>Workshop 2B</b> <b>Critical Thinking &amp; Problem Solving Skills</b> Taylor Bryant
11:15-11:20 AM	Break	
11:20 AM- 12:05 PM	<b>Workshop 3A</b> <b>Building Employee Morale, disrupting Quiet Quitting</b> Valencia Fuller-Wright	<b>Workshop 3B</b> <b>SEND HELP! Life Management for Your Personal &amp; Professional Life</b> Anna Patterson
12:05-12:15 PM	Break-Back to Main Room	
12:15-12:45 PM	Lunch provided by Mustard Seed Main Room (Rooms 1-4)	
	Return to workshop rooms	
12:50-1:35 PM	<b>Workshop 4A</b> <b>Giving &amp; Receiving Feedback: Effective Communication</b> Lantz Ferrell	<b>Workshop 4B</b> <b>Learning to Listen</b> Emily Richardson
1:35-1:40 PM	Break-Back to Main Room	
1:45-2:30 PM	<b>Closing Speaker &amp; Door Prizes: Strategies for Success</b> Chellie Phillips Main Room (Rooms 1-4)	
2:30 PM	END OF EVENT	